



GOLDEN GATE SKATE

March 21st (May include 20th)

Yerba Buena Ice Skating Center
750 Folsom St
San Francisco, CA 94107

To: ISI Member Rinks:

You are invited to attend our “10th Annual Golden Gate Skate”. This is an ISI endorsed competition to be held on March 21st (may include 3/20) 2010 at the Yerba Buena Ice Skating Center in San Francisco. All events listed in the ISI rulebooks will be available for competition entries. If not specifically designated on the entry form, please write in the event to be entered under “Other”.

Age groups will be determined by the number of entries in each division and will follow the rules as stated in the current ISI Handbook.

Individual Awards will be given through fifth place. The ice surface is 85’ by 200’, with slightly rounded corners.

A separate application must be submitted for each event entered.

For questions please contact: Shane Douglas
Skating School and Competition Director
Phone: 415-820-3524 or
Email: skatingschool@skatebowl.com

We look forward to seeing you in March at this annual event!

General Rules

Open to all skaters who are current individual members of the Ice Skating Institute (ISI) and current members of the USFSA. The \$15.00 ISI membership fee is not included in the applications fee(s). Skaters must enter at their highest test passed and must be registered with the ISI. An ISI application is enclosed with this competition brochure. If you are not currently a member, please mail this application with your check to the ISI and put “pending” and date sent where the ISI Number belongs on the application.

Skaters may enter more than one event in their skating level. Couples, pairs and groups applications must be stapled together and submitted together.

All routines shall start from a stationary position and timing for all events will begin with any movement after the music starts.

All events will be conducted in accordance with the current ISI Competitor's Handbook, and the current Skaters and Coaches Handbook. Please be aware of the 2010 Test and Competition Revisions.

Description of Events

Tots	Freestyle	Synchronized Formation
Pre-Alpha	Footwork	Synchronized Skating
Alpha	Stroking (Alpha – Delta)	Synchronized Dance
Beta	Interpretive (FS 3 & UP)	Production
Gamma	Solo Compulsory	Couples Spotlight
Delta	Spotlight	Family Spotlight
Shoot the Duck	Dance	Group Spotlight
Artistic (FS 3 and UP)	Team Compulsories	Couples
Pairs	Jump & Spin	Open Freestyle
Special Skater		

Entry Fee

The entry fee for the first event is \$50.00 (Tots \$30.00); each additional event for the same competitor will be \$20.00 (Tots \$10.00). Refunds will be at the discretion of the competition chairperson.

Music and Registration

CD's are required. Skater's name, category and home arena must be labeled on the playing side; tapes must be rewound and ready to play. Be sure to bring an extra CD in case of accident. Music must be turned in at the Registration table ONE HOUR before the warm-up time. Please pick up your cd or tape when the event is finished. Forgotten tapes will not be saved or returned.

All applications and registration fees should be sent to Yerba Buena Ice Skating Center by the entry deadline. **LATE ENTRIES, IF ACCEPTED, WILL BE CHARGED DOUBLE THE ENTRY FEE.**

TEST DEADLINE IS NO LATER THAN February 19, 2010

ENTRY DEADLINE IS February 19, 2010. All entries must be postmarked or faxed to 415-820-3520 no later than this date. Checks should be made out to: YBISBC

Awards

Awards will be given for first through fifth place. A team trophy will be also be awarded to the 3 teams with the highest number of points.

Tot Events

Little Folk and Tots may be no older than 6 years of age as of March 21st. Programs will be one minute in length. Little Folks and Tots are not permitted nor are required to perform an additional maneuver from FS 1. Programs for Little Folk and Tots must include: march while moving, beginning stroking, teapot (dip), 2 footed jump in place, backward wiggles, and 3 forward swizzles.

Spotlight Character

Individual skaters portray a famous, easily identifiable character, through use of music, costume, props and actions.

Spotlight Dramatic

An artistic theatrical performance by an individual skater that evokes an emotional response from the judges and audience. Skater's interpretation should create a mood that is enhanced by style, creativity, costuming and props. The overall impression at the conclusion of the performance should be that it was dramatic, not lighthearted, as in the Light Entertainment category.

Spotlight Light Entertainment

To entertain in a refreshing, light-hearted vaudeville type fashion using music, costumes, props, comedy, dance and skating moves.

Family Spotlight

Family Spotlight is open to teams of two or more family members. Each member may enter both Family Spotlight and Couples Spotlight with different programs and also Individual Events. Family Spotlight duration is 1 ½ minutes.

Spotlight Program Duration and Prop Specifications

Timing for all routines begins when any action starts, not to exceed 15 seconds after the music begins. Timing is as follows:

- ISI Pre-Alpha through Delta will be allowed one minute.
- FS1 - FS3 will be allowed one minute and a half.
- FS4 - FS5 will be allowed one minute and a half.
- FS6 - FS10 will be allowed two minutes.

The penalty grade of 2.0 will be given to the skater (under costume and prop score) for exceeding the prop specifications. This penalty will be given for:

- **Altering the ice with substances such as shaving cream, whipped cream, etc.
- **Exceeding the 30 seconds allowed for set-up
- **Exceeding the 30 seconds allowed for leaving the ice
- **Exceeding the size guideline of props, such as skater not being able to hand carry, push or lift the prop onto the ice him/herself

ISI Spotlight Limitations of Moves

There are no required maneuvers in Spotlight events. Emphasis is on the theatrical and entertainment value of the performance, rather than on technical accuracy of specific maneuvers (no grade for technical merit). The penalty for not following the limitations on moves the skater may perform during Spotlight events will be the grade of 2.0 for music and choreography on the judge's sheet:

- **Skaters in Pre Alpha -Delta are permitted to perform maneuvers at the FS 1 level or lower
- **Skaters in FS 1-3 levels are permitted to perform maneuvers from the FS4 level or lower, and any uncaptured moves from these levels
- **Skaters in the FS 4-5 levels are permitted to perform maneuvers from FS 6 level or lower, and any uncaptured moves from these levels
- **Skaters in FS 6-10 are permitted to perform maneuvers from any level and uncaptured maneuvers from any level

ISI Solo Compulsory Moves

The chosen maneuvers are to be performed in a mini-program with no music. Skaters will be grouped by age and level. Connecting steps must be limited and are not judged. Elements may only be performed once, with no additional maneuvers allowed. This event may be conducted on half ice. Duration not to exceed one minute.

Note: There is no penalty for the quantity of swizzles, stroking or crossovers in the Pre-Alpha – Beta levels. Only the quality of maneuvers is judged.

Half Ice:

- Pre-Alpha: Forward Swizzles / One Foot Glide (Either Foot), Backward Swizzle
- Alpha: Forward Stroking / Forward Crossovers (Left Over Right) / 1-Foot Snowplow Stop
- Beta: Backward Stroking / Backward Crossovers (Right over Left) / T –Stop (left foot in back)

Gamma: Right Forward Outside 3-turn / Left Forward Inside Mohawk Combo / Hockey Stop
Delta: Left Forward Inside 3-turn / Bunny Hop / Lunge
FS 1: Waltz Jump / 2-foot spin / ½ Flip Jump
FS 2: Ballet Jump / 1-foot spin / ½ Lutz Jump
FS 3: Salchow Jump / Dance Step/ Change foot spin
FS 4: Flip Jump / Sit Spin / ½ Loop Jump

Full Ice:

FS 5: Axel jump / Lutz jump / Back Spin
FS 6: Jump Combination /Choice spin (Cross-foot/Layback/Sit-Change-Sit) / Split Jump
FS 7: Two Walley jumps, Flying Camel spin / Double Toe Loop jump
FS 8: Double Flip jump / Flying Sit Spin / Split Lutz Jump
FS 9 Double Lutz jump / Flying Camel into Jump Sit spin / Axel-Double Loop jump combination
FS 10: Double Axel – Double Toe Loop jump combination / Death Drop / Three Arabian Cartwheel or
Butterfly jumps

Stroking

This event is open to skaters in Pre-Alpha through Delta levels. Skaters compete together in a group at the same time, and may wear numbers for identification by the judges. Skaters will be grouped together by age and ability level as enrollment justifies.

Shoot-the-Duck

Skaters will be grouped by approximate age and test level. Timing will begin when the skater's hips are below knee level. Skaters may come up on two feet. A 20-second penalty will be given for a fall. Skaters are allowed to hold the free foot while performing the shoot the duck.

Interpretive

This event is open to freestyle competitors only. They will listen to the music three times – once off the ice, and twice on the ice. Emphasis is on skater's ability to choreograph to music, not on difficulty of elements. Skaters are not allowed to receive assistance from any person during this time. Skaters will be grouped, as much as possible, by level.

Team Compulsories

A team of 6 skaters competes together at a certain level, each performing one of the 6 required compulsory maneuvers for that level. This team of 6 skaters competes against other teams of 6 skaters at the same level. Music is required. Maneuvers must be performed in the order listed in the Skaters and Coaches Handbook. Teams may be similar or mixed and are divided by age.

Other Events

Other events, in accordance with current ISI Handbook will be held. Please write in name of event and check box marked "Other".

Verification

All coaches should verify that all events and levels are correct before the application is submitted. Changes to the original entry will result in a change fee of \$20.00 per change/per skater. The information on the entry form must be accurate, complete and legible. Inaccurate and/or incomplete forms will be returned. False information will result in disqualification.

Practice Ice

Public session ice will be available at the rink for all competitors and their coaches the week prior to the competition; music may not be played during this time unless the session is sparsely attended by the public and as determined by rink

manager. No reservation is required for this time. Practice ice for competitors will be available on Saturday March 20, 2010. Practice Ice times will be available at a later date. Music will be played in the order received upon arrival. Please contact Shane Douglas at 415-820-3524, fax to 415-820-3520 or email to: skatingschool@skatebowl.com for practice ice reservations forms. Locker rooms will be available for changing costumes.

Miscellaneous

Videotaping will be available for all events. Awards will be given at the time pictures are taken.

Jump & Spin

A Jump & Spin team consists of any 2 skaters from the same category level, but they do not have to be the same test level. Skaters may skate above, but they cannot skate below their test level category.

Category Levels:	Low	Pre-Alpha - Delta
	Medium	Freestyle 1 - 3
	Intermediate	Freestyle 4 - 5
	High	Freestyle 6 - 10

The Competition Director may further divide the entries based on the age and/or test levels of the partners. There is a maximum of 8 teams in each event grouping.

Maneuver List:	Low	Jump	Two-foot Hop <u>or</u> Bunny Hop
		Spin	Two-foot spin
Spin	Medium	Jump	½ Flip or Toe Loop Jump
		Two-foot spin <u>or</u> One-foot spin	
	Intermediate	Jump	½ Loop <u>or</u> Axel
		Spin	Sit Spin <u>or</u> Back spin
	High	Jump	Dbl Salchow <u>or</u> Dbl Loop jump
		Spin	Flying Camel <u>or</u> Flying Sit Spin

This maneuver list must be used as written

The **same maneuver** is to be performed 2 times, but **only the best attempt is scored**. In case of misinterpretation or performance of both maneuvers, **only the first maneuver will be scored** - not the best attempt. ***The maneuvers are only judged for technical accuracy - and not for the difficulty of the maneuver performed.***

All Jump & Spin Team events will be done on ½ ice. A separate judging panel is used at the same time for each half of the ice (like Solo Compulsory events).

No music is required for Jump & Spin events

Additional maneuvers and connecting steps are not permitted or required - only the preparation, entrance set-up and performance of the Jump or the Spin will be permitted (i.e. crossovers, 3-turn, mohawk, etc).

Warm-up time for all Jump & Spin events is 2 minutes.

Duration time limit for Low & Medium teams is 1 minute.

Duration time limit for Intermediate & High teams is 1 ½ minutes

There is no score for Duration, but judging stops after these time limits (no ten-second leeway). Any maneuver done after this time is given the score of "0" - only if it is the first attempt. If the second attempt is past the time limit, then the first attempt will be scored.

Skater substitutions are permitted; however, a skater may participate on only one Jump & Spin team at each competition.

Judging Criteria

Two scores are given by each Judge - one "Jump" maneuver score (as selected by the skater from the Maneuver List) and one "Spin" maneuver score (also selected by the skater from the maneuver list).

The first skater must perform the **same jump 2 times** and the second skater must perform the **same spin 2 times**. Only the best attempt will be scored (or the first maneuver if two different maneuvers are performed).

Golden Gate Skate, 2010

NAME _____ AGE as of 3/21/2010 _____
email: _____
ADDRESS: _____ BIRTHDATE _____
CITY, ST, ZIP _____
PHONE (Day) _____ (Eve) _____
HOME ARENA & CITY _____
TEST LEVEL _____ ISI # _____
NAME OF COACH _____ (Phone) _____

PLEASE CHECK EVENT AND LEVEL YOU ARE ENTERING:

<input type="checkbox"/> TECHNICAL	<input type="checkbox"/> INDIVIDUAL	<input type="checkbox"/> JUMP AND SPIN
<input type="checkbox"/> COMPULSORY MOVES	<input type="checkbox"/> STROKING	LEVEL: _____
<input type="checkbox"/> SPOTLIGHT CHARACTER	<input type="checkbox"/> FAMILY/GROUP	PARTNER _____
<input type="checkbox"/> SPOTLIGHT DRAMATIC	<input type="checkbox"/> COUPLES PARTNER	_____
<input type="checkbox"/> SPOTLIGHT LIGHT ENTERTAINMENT	<input type="checkbox"/> INTERPRETIVE	<input type="checkbox"/> RHYTHMIC (CHOOSE ONE)
<input type="checkbox"/> SHOOT-THE-DUCK	<input type="checkbox"/> ARTISTIC	BALL
	<input type="checkbox"/> TEAM \$15.00 per person (see application next page)	HOOP
		RIBBON

ENTRY FEES:

FIRST EVENT, INDIVIDUAL \$50.00 (Tots: \$30.00)
 ADDITIONAL EVENTS \$20.00 additional each event (Tots: \$10.00)
 COUPLES ONLY (combined) \$60.00 . Submit both applications stapled together
 FAMILY OR GROUP ONLY (combined) \$75.00 Use team application
 PRODUCTION/ENSEMBLE (\$15.00 per person) Submit list of all names - use team application

I SKATE THIS COMPETITION AT MY OWN RISK FOR _____ (home rink)
AND HEREBY RELEASE ISI, USFSA, YERBA BUENA ICE SKATING CENTER AND THEIR PERSONNEL FROM
LIABILITY.
Are you an active USFS member who has competed at or above the Novice level at any USFS National Championship within the
last two years? Yes _____ No _____

(signature of skater) _____ Date: _____
(if 18 or over 18 years of age)

(signature of guardian) _____ Date: _____
(if under 18 years of age)

I DECLARE THAT THE INFORMATION ABOVE IS TRUE AND THAT THIS SKATER'S TEST(S) IS/ARE REGISTERED,
THAT THIS SKATER IS A CURRENT ISI INDIVIDUAL MEMBER AND IS SKATING IN THE PROPER CATEGORIES AND
LEVELS.

(coach, skating school director or rink manager) _____ Date: _____

SKATERS: PLEASE PHOTOCOPY YOUR ENTRY FORM. THERE WILL BE NO CHANGES IN ENTRIES AFTER 2/19/2010 UNLESS
AUTHORIZED BY THE COMPETITION DIRECTOR. MAIL TO ABOVE ADDRESS.

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NAME OF TEAM _____

ARENA REPRESENTED: _____

NAME OF COACH _____

COACH PHONE (Day) _____ (Eve) _____

HOME ARENA & CITY _____

ISI TEAM # (Synchronized Teams only) _____

PLEASE CHECK EVENT AND LEVEL YOU ARE ENTERING:

- | | | |
|---|--------------------------|-------------------|
| <input type="checkbox"/> SYNCHRONIZED FORMATION | <input type="checkbox"/> | PRODUCTION TEAM |
| <input type="checkbox"/> SYNCHRONIZED DANCE | <input type="checkbox"/> | FAMILY SPOTLIGHT |
| <input type="checkbox"/> SYNCHRONIZED SKATING | <input type="checkbox"/> | TEAM COMPULSORIES |

AGE CATEGORIES

- | | | |
|--|--------------------------|-----------------------------|
| <input type="checkbox"/> JUNIOR YOUTH (MAJORITY 8 AND UNDER) | <input type="checkbox"/> | TOT (MAJORITY 6 AND UNDER) |
| <input type="checkbox"/> YOUTH (9 - 11) | <input type="checkbox"/> | TEEN (14 - 19) |
| <input type="checkbox"/> SENIOR YOUTH (MAJORITY 12-14) | <input type="checkbox"/> | ADULT (MAJORITY 20+) |

Are you an active USFS member who has competed at or above the Novice level at any USFS National Championship within the last two years? Please write Y or N in appropriate box below.

Ages must be "as of" 7/1/09 (Synchronized Skaters Only)

NAME	AGE	ISI#	USFS	NAME	AGE	ISI#	USFS
1				13			
2				14			
3				15			
4				16			
5				17			
6				18			
7				19			
8				20			
9				21			
10				22			
11				23			
12				24			